

# Building Recovery Together

# LIVENGRIN™

## SPECIALTY PROGRAM



## Co-occurring Disorders

**Livengrin  
co-occurring  
disorder  
treatment makes  
a difference**

### Livengrin Knows

Livengrin uses  
integrated treatment  
for co-occurring  
disorders

Pairing treatments  
lowers costs,  
improves outcomes

No one recovers on  
their own

About half of Americans with severe mental illness are also abusing drugs or alcohol. Substance Use Disorder (SUD) can mask a serious psychiatric illness; while depression, for example, can disguise a Substance Use Disorder.

Livengrin is licensed by the Commonwealth of Pennsylvania to treat both SUD as well as any accompanying mental health issues. This allows our staff to be able to continue treating not only previously diagnosed patients, but also evaluate undiagnosed patients for possible mental health issues that may be contributing to their Substance Use Disorder.

### Stabilize and Identify

Because mental health symptoms are often masked by active addiction, we first provide detoxification services (if needed) and then continue to stabilize the patient by immersing them in a highly structured, safe, and trusting residential treatment environment. As the patient's drug-free period increases, our highly trained counselors work to identify underlying mental health issues through individual and group sessions. Some of the typical issues our team looks for are:

- Depression
- Anxiety
- Trauma (PTSD)
- Eating Disorders
- Others

### Treatment

If a psychiatric problem is suspected, our clinicians will arrange a psychiatric consult at which time they will prescribe appropriate medication, if needed. These services are available to patients engaged in both residential and outpatient levels of care. Our psychiatric team, with the patient's permission, can provide referrals for post-discharge mental health care along with providing Medication Assisted Treatment (MAT) to help the patient maintain sustained recovery and begin living a productive life.