

Building Recovery Together  
**LIVENGRIN**<sup>TM</sup>

**FAMILY PROGRAM**

**Day of Enlightenment Program**

**Livengrin supports both patient and family**

Family members, loved ones, and friends ages 14 and up, are welcome to attend our family education program called the “Day of Enlightenment” (DOE). Learn about the Disease of Chemical Dependency, how the process of recovery works, what you can do to support your loved one, and begin healing for yourself.

The DOE is offered every Wednesday and Saturday and is held in Shanahan Hall at the main Livengrin site in Bensalem, 4833 Hulmeville Rd. See below for times:

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**Wednesdays: 6:00PM-9:30PM | Saturdays: 9:00AM-12:30PM**

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**Livengrin Knows**

Inpatient treatment gives patients tools for recovery

Registration is NOT required, it is open to the public and there is no fee. If you have any questions, please contact one of the members of the family department:

Dana Cohen, MA., M.Ed: 215.638.5200 x1025 . [dcohen@livengrin.org](mailto:dcohen@livengrin.org)

Alicia Schreiner, CAC, CCDP: 215.638.5200 x1120 . [aschreiner@livengrin.org](mailto:aschreiner@livengrin.org)

Support goes beyond the patient to families

**Day of Enlightenment and Visiting Guidelines**

No one recovers on their own

**Day of Enlightenment (DOE):**

- All Adult visitors (18y/o) are required to attend DOE
- Adolescent 14-17 y/o are encouraged to attend but not required
- Registration is not needed or required to attend DOE
- Anyone under the age of 14 is not permitted to attend
- Attendance in DOE, approval from the patient, and counselor are all required to visit a patient
- DOE is held on Saturday 9:00AM-12:00PM and Wednesday 6:00-9:30PM

## **LIVENGRIN**

### **Mission Statement**

Making sustainable recovery possible through professional, accessible, and successful treatment options.

### **Vision Statement**

Provide a process of change for those suffering from addiction whereby a life of recovery is achieved, emotional and physical health is stabilized, and family networks are improved.

- Please arrive early to allow for parking, registration and item drop off
- Program meets in Shanahan Hall, participants must attend the program in its entirety
- Coffee/Danish are provided on Sat. and snacks/soda on Wed.
- Repeating DOE is required after one year
- Within one year of attending DOE visitors must attend a Family Refresher, a brief meeting with the family counselor

### **Tier System:**

- Upon admission to rehab, new patients start on “Tier I”, aka “blackout”
- During this time (5-7 days) patients will have limited access to phones and do not receive visitors, giving them time to adjust to the treatment process
- As appropriate patients will be moved into tier 2; they may now have approved visits, use the phones, and have access to other facilities.

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### **Visiting: Saturday 1:00PM-4:00PM and Wednesday 6:00PM-7:30PM**

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- Sign in for visiting at main entrance to building
- Maximum of three adults (18y/o) visitors per visit. Children and adolescents are permitted to visit but must be accompanied by an adult who has attended DOE
- Visitors must be on an approved list completed by patient and their counselor
- There is a no smoking policy for all visitors
- Cell phones, purses, outside food and beverage are not permitted in the building
- If you are experiencing any symptoms of a cold or flu please refrain from visiting since many in our community are at a higher risk of contagion (such as a productive cough, sneezing, etc.) you will be turned away for the safety of our patients.

### **Any questions, please contact a member of Family Services:**

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