

Building Recovery Together  
**LIVENGRIN**<sup>TM</sup>

**SPECIALTY  
PROGRAM**

**+ Drug & Alcohol Detoxification**

**The detox  
process is  
personalized for  
each patient's  
specific needs**

**Livengrin Knows**

Detox is a  
first step in the  
continuum of care

Family care  
is emphasized  
during detox

No one recovers on  
their own

For some patients, treatment may require an initial detoxification period, in which withdrawal symptoms are medically managed and minimized. Detoxification is conducted in a separate medical unit, supervised by experienced physician, nurse practitioners, and nursing staff.

While a patient certainly can feel physical discomfort during the detox process, in almost all cases pain is managed with pharmaceutical therapies that lessen, if not eliminate, discomfort.

**Coping Tools**

As their health improves, patients are gently introduced to new coping tools to help start their engagement in the recovery process.

**Support**

The Livengrin rehabilitation clinical staff visits detox groups to talk about the early phases of recovery. Also, patients who are close to leaving rehabilitation detail their own experiences and perspectives to detox patients.

**Family Care**

Livengrin emphasizes family care during the detox period, giving help and hope to the family of the patient. Specialized services provide education about how the patient will begin their journey to sobriety.

The detox stage is the first step in the Livengrin program's continuum of care for the patient. Following detox, patients may transfer to residential rehabilitation for the next step on the road to recovery.