

NURSES

**SPECIALTY
PROGRAM**



Nurses Lifeline

**Let Nurses
Lifeline help
you move from
feeling shame
to feeling
empowered**

Livengrin Knows

Your addiction poses dangers to those in your job environment

Other healthcare professionals are also welcome to Livengrin services

No one recovers on their own

Livengrin Nurses Lifeline offers rehabilitation for nurses, doctors, and other healthcare professionals with substance abuse problems.



Comprehensive Clinical Assessment

Nurses Lifeline utilizes a multidisciplinary assessment process (including extended residential and extended outpatient evaluation). This encompasses many factors that surround both the patient and the addiction such as physical and mental health, the workplace, stress caused by expectation of peers and supervisors, as well as family and social relationships, legal issues, and collateral data collection from multiple sources.

Licensure Board Collaboration

Our clinical team specializes in collaborating with alternatives to discipline, peer assistance, and state licensure boards around the country to support our nurses and ensure that each receives comprehensive and individualized care.

LIVENGRIN

Mission Statement

Making sustainable recovery possible through professional, accessible, and successful treatment options.

Vision Statement

Provide a process of change for those suffering from addiction whereby a life of recovery is achieved, emotional and physical health is stabilized, and family networks are improved.

Services Offered

- Detoxification
- Residential Rehabilitation
- Day Treatment (Partial)
- Intensive Outpatient (IOP)
- General Outpatient (GOP)
- Return to Work Services and Ongoing Support
 - Development of focused treatment plans and comprehensive return to work evaluations
 - Consultation with state licensing and/or disciplinary boards to address specific issues
 - Livengrin provides a national network of support for recovering nurses promoting sustainable recovery

Unique Services

- **Nurse specific support groups** – Addresses how to work in nursing with a substance use disorder history. Peers in the group further along in their recovery provide mentorship, sponsorship, and hope for patients who have just entered the group.
- **Individual therapy** – Addresses job/career issues. The therapist often works with a supervisor, credentialing body, licensing board, and workplace peers to structure work reentry.
- **Alumni meetings** – Once a week an alumni member from the Nurses Lifeline Program shares their story of recovery to those currently in residential treatment.
- **Clinicians** – Licensed Masters level clinicians with extensive experience work with healthcare and other safety sensitive workers.

Livengrin also offers outpatient Nurses Lifeline services at the Lehigh Valley, Center City Philadelphia, Fort Washington, Lower Bucks, and Northeast Philadelphia facilities.