



FAMILY PROGRAM

Perspectives for Parents

Livengrin supports both patient and family

Livengrin Knows

Inpatient treatment gives patients tools for recovery

Support goes beyond the patient to families

No one recovers on their own

Are you a parent of someone living with addiction?

Do you have questions or concerns about their well-being?

And what about your well-being?

**Join us at the Livengrin Parent Support Group
Tuesdays: 7:00 to 8:30PM**

Sharing with other parents who experience similar issues can bring you new ideas and reassurance. Here are just a few of the topics we discuss:

- Healthy Boundaries
- Effective Communication
- Supporting vs. Enabling
- Importance of your Self-Care

The 3rd Tuesday of every month we will hear from a speaker that will share their experience, strength, and hope.

Parent Support Group is held at the Livengrin Main Campus, Chapman Community Center, 4833 Hulmeville Road, Bensalem, PA 19020. Admission is free.

For more information contact:

Dana Cohen, MA., M.Ed: 215.638.5200 x1025 . dcohen@livengrin.org